



**Ragani Chandeshwori Campus**  
**Khijidemba-2, Ragani, Okhaldhunga**  
**Course Content of Cognitive Skill**

**1. Introduction to Cognitive Skills**

- Definition and meaning
- Importance of cognitive skills in learning and development
- Key features of cognitive skills
- Difference between cognitive and non-cognitive skills

**2. Domain of Cognitive Skill**

- Attention and concentration
- Memory (short-term and long-term)
- Logical reasoning and problem-solving
- Language and communication
- Visual and auditory processing

**3. Activities for Enhancing Cognitive Skill for Teachers, Students, Parents, etc.**

- Role of teachers in enhancing thinking ability
- Classroom activities (quizzes, puzzles, storytelling)
- Parental involvement (home-based learning tasks)
- Peer interaction and group learning strategies

**4. Activities for Developing Cognitive Skill**

- Brain games and exercises
- Reading and comprehension tasks
- Creative writing and drawing
- Use of technology (educational apps and games)
- Role-playing and problem-solving activities

**5. Ways of Developing Cognitive Skill**

- Encouraging curiosity and questioning
- Regular practice and repetition
- Structured learning routines
- Feedback and reflection
- Multisensory learning approaches

